

# IOTA EPSILON OMEGA CHAPTER



Alpha Kappa Alpha Sorority, Inc



Greetings IEO Sorors,



## *The Pearl of IEO* *Message from the Basileus*

Spring is here! Sorors it's time to continue forging forward, springing into action, and ensuring that we end our AKA months strong. With the arrival of warm weather and longer days, there comes many activities that require IEO's participation: Soles for Souls, which is the collection of eye glasses and gently worn shoes, and also making little dresses and t-shirts.

Madam Regional Director's first North Atlantic Regional Conference was absolutely fabulous. She opened the meeting with the Ms. America Stroll. Participants were Sorors of Cluster IV, IEO Sorors truly represented us well! I sincerely appreciated the number of IEO Sorors that attended NARC and the excitement shown throughout the conference. Our chapter was 41+ strong in attendance.

Special congratulations to our Golden Soror, Deborah Adkins, for 50 years of service to Alpha Kappa Alpha Sorority, Inc.

A very special thank you to Sorors Armetta and Nellie for the creation of the EAF basket "Poetry, People and Spirits of the Harlem Renaissance."

Soror Lacey, we appreciate your tireless efforts and contributions to the mission of the Educational Advancement Foundation. We leveled up to Golden!

Kudos to Soror Gail and her committee for a wonderful Chapter Reunion Breakfast and many thanks to Nikkie and Danielle for all of your hard work on the NARC Journal. It looks amazing!!

With Sisterly Love,  
Soror Alecia P. Carter

### 2019 EXECUTIVE COMMITTEE

#### **BASILEUS**

ALECIA P. CARTER

#### **ANTI-BASILEUS**

GAIL SMITH

#### **GRAMMATEUS**

SHARA BENNETT

#### **ANTI-GRAMMATEUS**

VALERIE MOORE HAMER

#### **TAMIOUCHOS**

NATALIE CURETON

#### **PECUNIOUS**

GRAMMATEUS  
SHARON FIELDS

#### **ANTI-PECUNIOUS**

GRAMMATEUS  
DAJ'KYIA GREEN

#### **EPISTOLEUS**

LINDSAY JAMES

#### **CHAPLIN**

GWENDOLYN LARRY

#### **IVY LEAF REPORTER**

INTISAR FOSTER

#### **HISTORIAN**

VIRGINIA WOLFE

#### **HODEGOS**

JACQUELINE SMALL-  
DIXON

#### **GRADUATE ADVISOR**

GAIL SMITH

#### **PHILACTOR**

LOLA BROWN

#### **PARLIAMENTARIAN**

DEBORAH ADKINS



# Living Your Best Life



## IEO Health Corner

April is Stress Awareness month!

Let us be mindful of our stress levels and help one another elevate our daily stress !



## Keeping Sistership on a Positive Note

Find your most golden self

We help each other for we know there is no other

Mentoring, adult sitting or babysitting, and helping with assessments

Give her Kudos and praise for a job well done

There are always moments to celebrate your sisters

Send a card, make a call or knock on the door with a meal

Remember to always correct with kindness

## Protocol

### A Few Chapter Protocol Reminders

Maintain proper decorum in business meetings

Dress appropriately in business attire

Arrive before the official start time

Silence all electronic communication devices

Speak when only recognized by the presiding officer

Keeps remarks brief and concise

Avoid individual conversations during the meetings

Avoid walking during the mediation periods

Send host of a meeting an email when you are on the call

Complete assignments, minutes, and reports timely

Volunteer to work on chapter projects

## Nurturing Our Pearls The Prayer Corner

The Pearl is defined as a precious thing; the finest example of something. Pearls are often display to show value and handled in a way to reflect a precious nature. How do you handle your pearls?

**Members of Iota Epsilon Omega Chapter are all precious pearls and we must take care of each other.**

**"Patience with others is Love. Patience with self is Hope. Patience with God is Faith "- Adel Bestavros**

**Special Prayers for :**

**\*Sorors everywhere traveling from our North Atlantic Regional Conference that they may had traveling mercy.**

**\*Soror Cheryl Miller-Porter - For recovery from surgery**

**\*Soror Sharon Wells - as she Claps Back in Faith, may she have strength in her healing process**

**\*Soror Madeline Austin - For recovery and rehabilitation in Sunrise, Room 11, 567 Paramus Rd. Paramus, NJ**

**\*Soror Alecia Carter - as she becomes a grandmother for the third time !**

**\*Soror Taylor Worrell-Stith - As she continues to lead in her chapter as a Leadership Fellow**

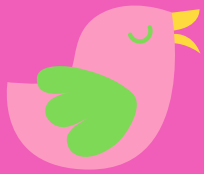
**\*Soror Natalie Cureton - for her daughter and our Soror Kiara as she enters the illustrious Sisterhood of Alpha Kappa Alpha.**

**\*Soror Edith Conner - for her daughter's success in applying for a new position in her career, and also her aunt who celebrated 100 years of life**

Lord, you are the Author of love. We are forever grateful for Your loving kindness. We want all to know what it means to enjoy Your presence, not just to make requests. Step by step, day by day, teach us to follow and learn Your ways. We thank You for our families and our sisterhood. We pray our love would be patient and kind, not proud or selfish, always seeking each other's good. Continue to bless our Iota Epsilon Omega in spirit and in health. This we pray, in Jesus's name.

Amen

Soror Gwendolyn Larry, Chaplain



# Meeting Notice



**\* Executive Committee - April 11th 7:30 pm**  
**Teaneck High School Media Center**  
**(2nd Floor)**

**\* Chapter Meeting - April 13th**  
**Prayer Circle 9:15, Breakfast 9:30, Meeting**  
**10:00 am**  
**Teaneck High School Media Center**  
**(2nd Floor )**

## **Breakfast Hostess**

**\*April - Soror Jacqueline Small- Dixon**

**\* May - Soror Gail Smith**

**\*June - Soror Marcia Tatem**



## Monthly Committee Meeting Schedule



- \* Fundraising - 1st Monday of the Month**
- \* Membership - 2nd Monday of the Month**
  - \* Finance - 3rd Tuesday**
  - \*Scholarship - 3rd Wednesday**
- \* IEO Prayer Call - 3rd Wednesday**
  - \* Programs - 2nd Thursday**
  - \*GAC - 3rd Thursday**
  - \* Bylaws - 4th Monday**
- \* Sisterly Relations - 4th Tuesday**
- \*Technology - 4th Wednesday**



**\*\* Sorors, Meeting Notices Should Be Sent Out To The Chapter At**  
**Least A Week In Advance Of A Scheduled Meeting. \*\***

# Calendar of Events

## April

- April 4th-7th - 88th North Atlantic Regional Conference - Atlantic City, NJ
- April 11th - Executive Committee Meeting  
( a week later due to NARC )
- April 12th - AKA GLOBAL IMPACT DAY
- April 13th - Chapter Meeting  
( a week later due to NARC )



## May

- May 2nd - Executive Board Meeting
- May 4th - Chapter Meeting
- May 30th - Executive Board Meeting

## June

- June 1st - Chapter Meeting
- June 27th - 30th - 2019 Leadership Conference - Nashville, TN



# Announcements



*Happy Birthday  
Sisters!*

**\* Soror Gwendolyn Larry**

**April 4th**

**\* Soror Danielle Rowe-Jackson**

**April 13th**

**\* Soror Amani Steele-Ferguson**

**April 17th**

**\* Soror Tamera Murray**

**April 24th**



ONE BIG WEEKEND

## *Juneteenth* **WEEKEND 2019** *Festival & Parade*

### **DEPOT SQUARE**

Demarest Ave. & Dean St, Englewood, NJ

Thursday	<b>JUNE 13<sup>th</sup></b>	5pm-10pm
Friday	<b>JUNE 14<sup>th</sup></b>	5pm-11pm
Saturday	<b>JUNE 15<sup>th</sup></b>	11am-11pm
Sunday	<b>JUNE 16<sup>th</sup></b>	12pm-9pm

### *Parade*

**Saturday JUNE 15<sup>th</sup> 12:30pm**  
At the Monument, Tenafly Rd. & Palisade Ave.



### *Wrist Band Saturday*

Purchase wristbands from  
1pm until 7pm

**RIDE ALL DAY UNTIL CLOSING**

**Volunteers wanted, email [jabarisociety@gmail.com](mailto:jabarisociety@gmail.com)**

FOR VENDOR INFO: Joe (201) 615-2983 • Irving 201-937-1374



*Alpha Kappa Alpha*  
SORORITY, INCORPORATED



February 15, 2019

Greetings Soror Shelley,

Alpha Kappa Alpha Sorority is *Exemplifying Excellence Through Sustainable Service* in Nashville June 26 - 30, 2019.

Registration for the 2019 Leadership Seminar is now open. Please visit the event site at <https://events.aka1908.net/> or by using the button below to register for the conference:



# The Golden Corner

*We Strive and We Do!*



Iota Epsilon Omega cannot be more blessed to have our Soror Deborah Adkins be celebrated as a **Golden** Soror.

She truly exemplifies excellence with her service to all mankind for 50 years. Let us continue to celebrate our new **Golden** Soror and thank God for her dedication to thee illustrious Alpha Kappa Alpha Sorority, Inc.

Soror Deborah will celebrate her AKAversary this month as well ! Many blessings to you Soror !







# NARE 88 Corner



Alpha Kappa Alpha Sorority, Incorporated®		
North Atlantic Region		
Numbers of Excellence	<b>2,521</b>	Sorors Participating
	<b>1,806</b>	Volunteer Hours
Target 5:	Chapter Programs of Focus 2018	
	<b>10,507</b>	Shoes Donated
	<b>890</b>	Eyeglasses Donated
	<b>376</b>	Pillowcase Dresses/Shirts
	<b>12</b>	Refugee Family Programs

Alpha Kappa Alpha Sorority, Incorporated®	
<b>SORORS</b>	
Thank You For Your Contributions	
To This	
<b>North Atlantic Region Report of Excellence!</b>	

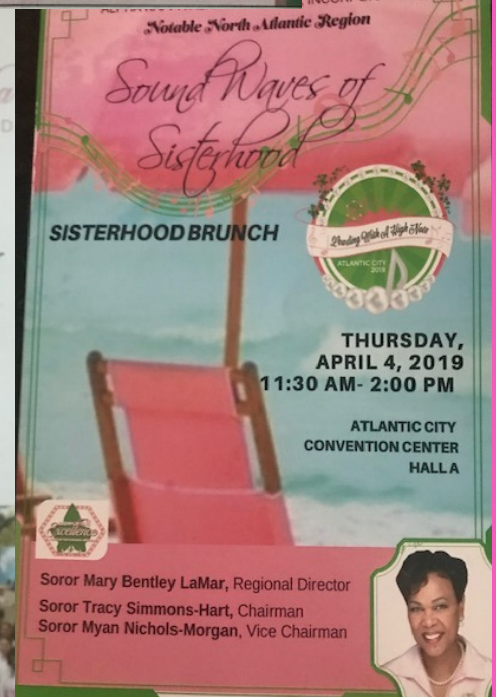


## PUBLIC MEETING

Leading With A High Note: Excellence In Service In Our Community  
Thursday, April 4, 2019

Atlantic City Convention Center  
Atlantic City, New Jersey

Mary Bentley LaMar, North Atlantic Regional Director  
Dr. Glenda Glover, International President  
Norma R. Evans, Esq., Conference Chairman







# NARRC 88 Corner







# Sorors in Service!

